

# When Work & Family Collide

## Keeping Your Job from Cheating Your Family

Author: Andy Stanley

This month we're going to review the book **When Work and Family Collide: Keeping Your Job from Cheating Your Family** by Andy Stanley.

When it comes to the pace of life and parenting I think we all need help.

*Everyone is busy and we all have more to do than we can possibly get done. When it comes to how we leverage time we need to strive to never cheat our family in order to get ahead at work.*

*Between your family and your job which one has your heart and focus?*

**One idea that captured my heart from this book is that our kids and our spouse can't see our intentions but they can see our actions.**

Work is good. God made work and created us to do work. Read Genesis Chapter 2 if you want proof. Our families need to know that hard work is important but they also need to see that jobs and stuff don't define life. They need to see that through our work we honor God and not ourselves. They need to see that we will not sacrifice their emotional health in order to selfishly get that promotion or that raise.



How do we balance work and family? I hope you will read this book but in case you don't let me give you a few tips that Andy Stanley reveals...

1. **Make a Stand** // decide now to take control of your schedule and pace. Before finding balance you have to decide to push through the pain of discovering it.
2. **Take Steps of Faith for Your Family** // when you decide that balancing family and work matters you will eventually have to change your behavior. You will have to trust God to protect you at work as you make changes. That is a step of faith. You might actually have to trust God to provide when you say no to certain things at work.
3. **Experiment and be Flexible** // be willing to try things out. Try going home at a set time every day. Try leaving your cell phone in a different room for a few hours when you come home. Try actually taking your vacation and having focused time with family. It's all an experiment and every family has a different rhythm.
4. **Set Priorities as a Family** // talk through as a family what things will really be important in your home. Work as a family to find balance.
5. **Don't Quit Trying** // balancing work and family will always be a tension to manage and not a problem to solve. Both work and family are important parts of our lives. Don't stop trying to find a pace that shows your family that they really matter.

Hope you will read this book and if you don't hope this review was helpful. Work hard to not cheat on your family with your passion for work...find balance!

If you'd like to dig deeper into this book, you can go [here](#) to order a copy.

*[Our church receives no proceeds from the sales of this book. This is simply a resource to encourage you and your family.]*

