



PRAYER CARDS  
FOR  
**ATHLETES**  
(KIDS)



**GOD,**  
I AM LEARNING TO WORK  
HARD. PLEASE GIVE ME  
STRENGTH WHEN I GET  
TIRED OR WANT TO QUIT.

A hard worker has plenty of food, but a person  
who chases fantasies has no sense.

**PROVERBS 12:11**

**GOD,**  
As I learn to play sports,  
will you help me with my  
words? Please help me be  
**KIND & CHEERFUL**  
to my teammates.

Watch your tongue and keep your mouth shut,  
and you will stay out of trouble. **PROVERBS 21:23**

**GOD,**  
I THINK I LIKE SPORTS, SO I  
WANT TO TALK TO YOU  
ABOUT IT. **I TRUST YOU**  
TO BE WITH ME DURING MY  
PRACTICES AND GAMES.

Commit your actions to the Lord, and your plans  
will succeed. **PROVERBS 16:3**

**GOD,**  
I am on a sports team.  
Please help me be open to  
making a **NEW FRIEND**  
and being a new friend.

There are “friends” who destroy each other, but  
a real friend sticks closer than a brother.  
**PROVERBS 18:24**

**GOD,**

SOMETIMES I AM AFRAID  
OF WHAT OTHER PEOPLE  
THINK OF ME WHEN I PLAY.  
WILL YOU HELP ME FOCUS  
ON YOU ALONE?

Fearing people is a dangerous trap, but trusting the Lord means safety. **PROVERBS 29:25**

**GOD,**

When my teammates are  
sad or worried, will you  
show me what to say?

Worry weighs a person down; an encouraging word cheers a person up. **PROVERBS 12:25**

**GOD,**

IF SOMEONE IS ANGRY WITH  
ME DURING A GAME OR  
PRACTICE, WILL YOU HELP  
ME HAVE A KIND RESPONSE?

A gentle answer deflects anger, but harsh words make tempers flare. **PROVERBS 15:1**

**GOD,**

Sometimes games and  
practices get intense.  
Will you help me stay  
**UNDER CONTROL?**

A person without self-control is like a house with its doors and windows knocked out.  
**PROVERBS 25:28**

