

# FOCUSING ON FAITH

A guide for Christian parents to evaluate their priorities and deepen their faith.

## OPENING PRAYER

Heavenly Father, we come before You seeking wisdom, clarity, and guidance. Help us to evaluate our lives honestly and to hear Your voice as we reflect on how we can better prioritize our faith. Draw us closer to You and show us how to lead our families to do the same. Amen.

## PART 1: REFLECTING ON PRIORITIES

READ: Matthew 6:33 | *"But seek first the kingdom of God and his righteousness, and all these things will be added to you."*

Take a few moments to sit in silence, allowing this verse to settle into your heart. Reflect on what it means to "seek first His kingdom."

### REFLECTION QUESTIONS

- What do my daily habits reveal about my true priorities?
- In what areas of my life am I seeking God first? In what areas am I not?
- What distractions or commitments tend to push my relationship with God lower on my priority list?

## PART 2: RECONNECTING WITH GOD

READ: Psalm 46:10 | *"Be still and know that I am God."*

Spend 5-10 minutes in stillness before God. Use this time to pray, journal, or simply listen. Ask Him to reveal areas where your faith might need more focus.

### REFLECTION QUESTIONS

- When was the last time I intentionally spent quiet, uninterrupted time with God?
- How does my personal connection with God influence the way I parent and lead my family?

## PART 3: MODELING FAITH FOR YOUR FAMILY

READ: Deuteronomy 6:6-7 | *"And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise."*

Reflect on how you're living out your faith in front of your children. Think about how your actions, words, and habits shape their understanding of God.

### REFLECTION QUESTIONS

- What example am I setting for my children when it comes to faith?
- How often do I talk about God and spiritual things with my children in our everyday life?
- Am I creating space for my children to explore and develop their own relationship with God?

## PART 4: BUILDING A PLAN TO PRIORITIZE FAITH

READ: Hebrews 12:1-2 | *"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God."*

As you consider this passage, think about the steps you can take to keep your faith (and your family's faith) at the forefront of your daily life.

### **ACTION STEPS**

1. Set aside time daily for personal devotion. This can include prayer, Bible reading, or journaling.
2. Create family faith moments. This might look like praying together, having a family devotion time, or attending church consistently.
3. Seek accountability and community. Surround yourself with people who encourage and challenge you in your faith journey.

### **CLOSING PRAYER**

*Father, thank You for this time of reflection. Help me to keep my eyes fixed on You, even when life gets busy. Give me wisdom and strength to model faith to my family and guide them toward You. May our lives reflect Your love and truth, and may we always seek to put You first. Amen.*